



## **Finding Joy in Troubled Times**

~ a public talk by **Khentrul Lodro Thaye Rinpoche**,  
A highly revered and accomplished teacher of Tibetan Buddhism  
[www.katogcholing.com](http://www.katogcholing.com)

"Khentrul Rinpoche will reveal how we can enjoy much greater well-being in our lives by sharing some remarkable and little known tools for transforming adversity. The vast majority of us have never considered this method for transforming our experience. It is an unparalleled approach which directly pertains to the modern challenges we face."

**Sunday, May 20, 2018 2 - 5 pm**

Unity Center 1600 W Broadway Columbia MO

A suggested sliding scale donation of \$10-\$25 will be payable at the event

Contact Linda Pluschke for details at

[lindapluschke@gmail.com](mailto:lindapluschke@gmail.com)

You are also invited to attend our weekly Tibetan Buddhism practice group  
on Sundays from 4 - 6 pm at Show Me Dharma at Unity Center





